

God in Shoes – “Ladies’ Free Spa Day”

A Day of Pampering for Women

1. Several months in advance determine the location for the spa – a women’s shelter or a neutral location such as a community center.
2. If you are working in a shelter consult with the shelter director to determine what services will be provided for your guests (haircuts, manicures, facials, neck/shoulder massages, table massages, chair massages, foot bath & massage, facials, refreshments, new shoes, gift bags.) Check with your local conference attorneys regarding what restrictions may apply to your area.
3. Designate a team leader to oversee each area.
4. Make a list of items needed for Spa Day services, and items to be included in the ladies’ gift tote bag (I usually include a full-sized hand lotion, body wash, body spray, and loofah) and request funds to purchase items from the Dollar Tree, totebags from discountmugs.com., and an inspirational give-away book for each bag tagged with local church contact information).
5. Send list to area Women’s Ministries leaders to begin collecting funds for purchase of necessary item.
6. Recruit volunteers by sending a bulletin announcement to area churches. As the volunteer list develops, personally talk to individuals and request their help in the areas which are still in need of staffing.
7. Purchase remainder of supplies.
8. Organize plastic totes with supplies for each station where spa services will be performed.
9. Decide on a simple refreshment menu.
10. Purchase table coverings/decorations.
11. Make signs to identify the various spa stations: i.e., hand soak, hand massage, nail buffing and filing, nail polish, facials, massages, foot massages, haircuts, etc.

12. Make a registration form that will include detailed information that will be helpful with follow up contacts.
13. Provide childcare with simple crafts or VBS materials. Make sure childcare helpers have completed the “Shield the Vulnerable” online training and have been given a cleared background check.
14. On the evening before the spa have an organizational meeting to:
 - Set up and decorate building
 - Organize spa stations & childcare area
 - Arrange tables for refreshments
 - Set up registration
 - Assign volunteers to each station
 - Team leaders to meet with and organize their team
15. All volunteers arrive one hour before the guests arrive. Give brief devotional and allow for time of prayer.
16. Open the doors and watch GOD at work!

Adapted from GREAT IDEAS for Women’s Ministries in the Local Church

“FREE SPA DAY” by Maryjo Dubs

For Information: Contact Sue Carlson – scarlson@ks-ne.org



Foot Bath / Moisturizing Station



***Foot Bath / Moisturizing Station – Supply
Table***



Facial Station



Shoe Station



Finger Food Buffet Station



Paraffin Dip Station



Manicure Prep & Polish Stations



Literature Table / Spa Bags Station



Dispensary Station



Spa Helper Training



Massage Station



Finger Food Buffet Prep Station



Bounce House – Child Care Area #1



Craft Station – Child Care Area #2



Snack Table – Child Care Area #3