













Companion Level
RECORD CARD

NAME:





1.	Be in Grade 6 or its equivalent.	
2.	<ul> <li>a. Develop your daily devotional life by studying the Weekly Devotional Guide (weeks 14 – 26) and the book of Genesis utilizing printed or electronic study guide/resources.</li> <li>b. Journal your thoughts by asking these questions: <ul> <li>"What did I learn about God?"</li> <li>"What did I learn about myself?"</li> <li>"How can I apply this to my life today?" You may journal through writing, drawing or electronic process.</li> </ul> </li> </ul>	
3.	<ul><li>a. Memorize the Pathfinder Pledge &amp; Law.</li><li>b. Learn the meaning of the Pathfinder Pledge &amp; Law.</li></ul>	
4.	a. Learn or review the Pathfinder Song     b. Illustrate its meaning.	
	Spiritual Discovery	
1.	<ul> <li>a. Memorize in order the names of the Old Testament books of the Bible and the five groups into which they are grouped.</li> <li>b. Demonstrate your ability to find any Old Testament book.</li> </ul>	

<b>2</b> .	Memorize one Bible text (not previously learned)	
	for each of the following subjects:  Prayer Doctrine	
	☐ Behavior ☐ Salvation	
	☐ Relationships ☐ Promises/Praise	
	☐ Great Passages	_
3.	Participate in a skit on one of the following Old Testament Characters:	
	□ Joseph □ Jonah	
	☐ Esther ☐ Ruth	
<b>4</b> .	Research two early Adventist Pioneers (1844	
	to 1900) and present what you have learned.	
Ad	Ivanced for Spiritual Discovery	
1.	Complete Companion requirements.	
2.	Learn about Ellen White's first vision and	
	discuss how God uses prophets to present	
	His message to the church.	
	One to a Other	
6	Serving Others	
7	In concultation with your loader plan ways	
1.	In consultation with your leader, plan ways and find opportunities to spend at least two	
	hours helping an elderly person.	
<b>2</b> .	Spend at least four hours participating in	
	projects that benefit the church or school.	
Ad	<b>vanced</b> for Serving Others	
1.	Complete Companion requirements.	
2.	Participate in an outreach activity, and bring a	
	non-club member to participate with you.	



1.	Discuss how the media strengthens or weakens our relationship with others.	
<b>2</b> .	Fulfill requirements #1, #2 and #3 of the Cultural Diversity Appreciation Honor.	
Ad	<i>lvanced</i> for Making Friends	
1.	Complete Companion requirements.	
<b>2</b> .	Complete the Cultural Diversity Appreciation Honor, if not previously earned.	
7	Health and Fitness	
1.	<ul> <li>Learn the value of temperance by:</li> <li>a. Memorize and sign the Temperance Pledge.</li> <li>b. Memorize two of the following Bible texts: Romans 12:1, 2; 1 Cor. 10:31; Prov. 20:1; 3 John 2.</li> <li>c. Discuss all the following situations and role-play one: Your best friend asks you to try a cigarette; An older relative offers you a drink of beer; The smoke from a stranger's cigarette is bothering you. (a fulfills requirement #1, b &amp; c fulfill parts of requirements #2 &amp; #7 of the Temperance Honor)</li> </ul>	
<b>2</b> .	Earn the Basic First Aid Honor.	
3.	Complete the Basic Water Safety <b>OR</b> Beginner Swimming Honor, if not previously earned.	

Advanced for Health and Fitness		
1.	Complete Companion requirements.	
2.	Participate in a lifestyle fitness program for your age that requires a minimum of 60 minutes of activity or equivalent steps for six weeks, such as:  President's Challenge Active Lifestyle Program Live Healthy Bermuda Kids Or similar program	
4	Nature Study	
1.	<ul> <li>a. Read pages 1-13 from the booklet A 6 Day Creation Week?</li> <li>b. Keep a 7-day outdoor log of your personal observations from nature in which each day focuses on those things that were created on that day.</li> </ul>	
2.	Animal Tracking Make plaster casts of three different animal tracks.	
Ad	vanced for Nature Study	
1.	Complete Companion requirements.	
2.	Trees, Shrubs & Cacti Collect and identify the leaves of 15 different trees and seven shrubs. OR Photograph and observe at least five different types of cacti.	
3.	Complete a nature honor not previously earned. (Skill level 1)	



1.	Tie and know the practical use of 20 knots.	
<b>2</b> .	Earn the Camping Skills II Honor, if not previously earned.	



## **Honor Enrichment**

- Complete an honor, not previously earned, in the area of Arts & Crafts or Household Arts.
   (Skill level 1)
- 2. Complete an honor, not previously earned, in the area of Recreational, Vocational, or Outdoor Industries. (Skill level 1)